

"SOWING SEEDS OF SELF-SUFFICIENCY" Richo Cech, Speaker

Richo Cech takes you on a tour of world medicinal plants, the seeds that come from them, and practical techniques to cultivate healing herbs down home to bolster the medicine cabinet. Welcome one and all humans. (Please leave animal friends at home.)

SUNDAY, MAY 7, 2017 NOON- 5:00 PM

MOUNT PISGAH ARBORETUM, WHITE OAK PAVILLION 34901 FRANK PARRISH RD, EUGENE, OR 97405

Event is FREE to the public, however \$4.00 county parks parking fee. Bring a mug for FREE organic tea served; bring a bag lunch or food will be available for purchase from food carts. Also you may bring a blanket or folding chair, or arrive early for limited seating.

HOSTED BY:



Contact for more information: events@mountainroseherbs.com

BOOK SIGNING

Richo Cech, Author & Sena Cech Olivier, Illustrator SATURDAY, MAY 6, 2:00 PM - 4:00 PM

Richo Cech will be signing his books at:

MOUNTAIN ROSE MERCANTILE 152 W 5TH AVE #3 EUGENE, OR 97401